

SMILEY FITNESS RETREATS^{Inc}

Booking Calendar: Oct, Nov, Dec 2026

Note: these are optimal guidelines only. If you'd like to book outside of these dates, please get in touch. We keep some flexibility available for all trips and pre-sell trips before their availability date without deposit, confirming on first come basis.

2026 Dates of stay	Trips Available	First day to book	Last day to book
Oct 4 - Oct 10	27-DAY BOOT CAMP	2024	Aug 5
	WEEKEND ADVENTURE	2024	Aug 12
Oct 11 - Oct 17	27-DAY BOOT CAMP	2024	Aug 19
Oct 18 - Oct 24	27-DAY BOOT CAMP	2024	Aug 26
Oct 25 - Oct 31	27-DAY BOOT CAMP	2024	Aug 5
Nov 1 - Nov 7	27-DAY BOOT CAMP	2024	Sept 2
Nov 8 - Nov 14	27-DAY BOOT CAMP	2024	Sept 9
Nov 15 - Nov 21	27-DAY BOOT CAMP	2024	Sept 16
Nov 22 - Nov 28	27-DAY BOOT CAMP	2024	Sept 23
Nov 29 - Dec 5	27-DAY BOOT CAMP	2024	Sept 30
Dec 6 - Dec 12	27-DAY BOOT CAMP	2024	Oct 7
Dec 13 - Dec 19	27-DAY BOOT CAMP	2024	Oct 14

Next steps

Book an intro call with Cat, the lead guide, to get to know each other (or reconnect), answer questions, find the best dates and reserve your spot if you're ready. You can also text or WhatsApp her on 236-238-1669

