

# SMILEY FITNESS RETREATS<sup>Inc</sup>

## Booking Calendar: **September 2026**

Note: these are optimal guidelines only. If you'd like to book outside of these dates, please get in touch. We keep some flexibility available for all trips and pre-sell trips before their availability date without deposit, confirming on first come basis.

2026 Dates of stay	Trips Available	First day to book	Last day to book
Sept 6 - Sept 12	WEST COAST FITNESS VACATIONS	2024	July 28
	WEEKEND ADVENTURE	July 28	Aug 7
Sept 13 - Sept 19	27-DAY BOOT CAMP	2024	July 14
Sept 20 - Sept 26	27-DAY BOOT CAMP	2024	July 21
Sept 27 - Oct 3	27-DAY BOOT CAMP	2024	July 28

### Next steps

Book an intro call with Cat, the lead guide, to get to know each other (or reconnect), answer questions, find the best dates and reserve your spot if you're ready. You can also text or WhatsApp her on 236-238-1669

