

SMILEY FITNESS RETREATS^{Inc}

Booking Calendar: April 2026

Note: these are optimal guidelines only. If you'd like to book outside of these dates, please get in touch. We keep some flexibility available for all trips and pre-sell trips before their availability date without deposit, confirming on first come basis.

2026 Dates of stay	Trips Available	First day to book	Last day to book
April 5 - April 11	27-DAY BOOT CAMP	2024	Feb 6
	WEST COAST FITNESS VACATIONS	Feb 6	Feb 24
	WEEKEND ADVENTURE	Feb 24	March 6
April 12 - April 18	EVEREST BASE CAMP	2024	Oct 20, 2024
	27-DAY BOOT CAMP	Oct 20, 2024	Feb 13
	WEST COAST FITNESS VACATIONS	Feb 13	March 3
	WEEKEND ADVENTURE	March 3	March 13
April 19 - April 25	EVEREST BASE CAMP	2024	Oct 20, 2024
	27-DAY BOOT CAMP	Oct 20, 2024	Feb 20
	WEST COAST FITNESS VACATIONS	Feb 20	March 10
	WEEKEND ADVENTURE	March 10	March 20
April 26 - May 2	EVEREST BASE CAMP	2024	Oct 20, 2024
	WEST COAST FITNESS VACATIONS	Oct 20, 2024	March 17
	WEEKEND ADVENTURE	March 17	March 27

Next steps

Book an intro call with Cat, the lead guide, to get to know each other (or reconnect), answer questions, find the best dates and reserve your spot if you're ready. You can also text or WhatsApp her on 236-238-1669

