

SMILEY FITNESS RETREATS^{Inc}

Booking Calendar: **March 2026**

Note: these are optimal guidelines only. If you'd like to book outside of these dates, please get in touch. We keep some flexibility available for all trips and pre-sell trips before their availability date without deposit, confirming on first come basis.

2026 Dates of stay	Trips Available	First day to book	Last day to book
March 1 - March 7	27-DAY BOOT CAMP	2024	Jan 2
	WEEKEND ADVENTURE	Jan 2	Feb 3
March 8 - March 14	27-DAY BOOT CAMP	2024	Jan 9
	WEEKEND ADVENTURE	Jan 9	Feb 10
March 15 - March 21	27-DAY BOOT CAMP	2024	Jan 16
	WEEKEND ADVENTURE	Jan 16	Feb 17
March 22 - March 28	27-DAY BOOT CAMP	2024	Jan 23
	WEEKEND ADVENTURE	Jan 23	Feb 24
	WEST COAST FITNESS VACATIONS	Feb 24	Feb 10
March 29 - April 4	27-DAY BOOT CAMP	2024	Jan 30
	WEST COAST FITNESS VACATIONS	Jan 30	Feb 17

Next steps

Book an intro call with Cat, the lead guide, to get to know each other (or reconnect), answer questions, find the best dates and reserve your spot if you're ready. You can also text or WhatsApp her on 236-238-1669

