

SMILEY FITNESS RETREATS^{Inc}

Booking Calendar: February 2026

Note: these are optimal guidelines only. If you'd like to book outside of these dates, please get in touch. We keep some flexibility available for all trips and pre-sell trips before their availability date without deposit, confirming on first come basis.

2026 Dates of stay	Trips Available	First day to book	Last day to book
Feb 1 - Feb 7	27-DAY BOOT CAMP	2024	Dec 2
	WEEKEND ADVENTURE	Dec 2	Jan 2
Feb 8 - Feb 14	27-DAY BOOT CAMP	2024	Dec 9
	WEEKEND ADVENTURE	Dec 9	Jan 9
Feb 15 - Feb 21	27-DAY BOOT CAMP	2024	Dec 16
	WEEKEND ADVENTURE	Dec 16	Jan 16
Feb 22 - Feb 28	27-DAY BOOT CAMP	2024	Dec 23
	WEEKEND ADVENTURE	Dec 23	Jan 23

Next steps

Book an intro call with Cat, the lead guide, to get to know each other (or reconnect), answer questions, find the best dates and reserve your spot if you're ready. You can also text or WhatsApp her on 236-238-1669

