

SMILEY FITNESS RETREATS^{Inc}

Booking Calendar: **January 2026**

Note: these are optimal guidelines only. If you'd like to book outside of these dates, please get in touch. We keep some flexibility available for all trips and pre-sell trips before their availability date without deposit, confirming on first come basis.

2026 Dates of stay	Trips Available	First day to book	Last day to book
Jan 4 - Jan 10	27-DAY BOOT CAMP	2024	Nov 5
	WEEKEND ADVENTURE	Nov 5	Dec 5
Jan 11 - Jan 17	27-DAY BOOT CAMP	2024	Nov 12
	WEEKEND ADVENTURE	Nov 12	Dec 12
Jan 18 - Jan 24	27-DAY BOOT CAMP	2024	Nov 19
	WEEKEND ADVENTURE	Dec 12	Dec 19
Jan 25 - Jan 31	27-DAY BOOT CAMP	2024	Nov 26
	WEEKEND ADVENTURE	Dec 19	Dec 26

Next steps

Book an intro call with Cat, the lead guide, to get to know each other (or reconnect), answer questions, find the best dates and reserve your spot if you're ready. You can also text or WhatsApp her on 236-238-1669

