

# SMILEY FITNESS RETREATS<sup>Inc</sup>

## Booking Calendar: Oct, Nov, Dec 2025

Note: these are optimal guidelines only. If you'd like to book outside of these dates, please get in touch. We keep some flexibility available for all trips and pre-sell trips before their availability date without deposit, confirming on first come basis.

2025 Dates of stay	Trips Available	First day to book	Last day to book
Oct 5 - Oct 11	27-DAY BOOT CAMP	2024	Aug 5
Oct 12 - Oct 18	27-DAY BOOT CAMP	2024	Aug 12
Oct 19 - Oct 25	27-DAY BOOT CAMP	2024	Aug 19
Oct 26 - Nov 1	27-DAY BOOT CAMP	2024	Aug 26
Nov 2 - Nov 8	27-DAY BOOT CAMP	2024	Sept 2
Nov 9 - Nov 15	27-DAY BOOT CAMP	2024	Sept 9
Nov 16 - Nov 22	27-DAY BOOT CAMP	2024	Sept 16
Nov 23 - Nov 29	27-DAY BOOT CAMP	2024	Sept 23
Nov 30 - Dec 6	27-DAY BOOT CAMP	2024	Sept 30
Dec 7 - Dec 13	27-DAY BOOT CAMP	2024	Oct 7
Dec 14 - Dec 20	27-DAY BOOT CAMP	2024	Oct 14

### Next steps

Book an intro call with Cat, the lead guide, to get to know each other (or reconnect), answer questions, find the best dates and reserve your spot if you're ready. You can also text or WhatsApp her on 236-238-1669

