

SMILEY FITNESS RETREATS^{Inc}

Booking Calendar: **September 2025**

Note: these are optimal guidelines only. If you'd like to book outside of these dates, please get in touch. We keep some flexibility available for all trips and pre-sell trips before their availability date without deposit, confirming on first come basis.

2025 Dates of stay	Trips Available	First day to book	Last day to book
Sept 7 - Sept 13	WEST COAST FITNESS VACATIONS	2024	July 28
	WEEKEND ADVENTURE	July 28	Aug 7
Sept 14 - Sept 20	27-DAY BOOT CAMP	2024	July 14
Sept 21 - Sept 27	27-DAY BOOT CAMP	2024	July 21
Sept 28 - Oct 4	27-DAY BOOT CAMP	2024	July 28

Next steps

Book an intro call with Cat, the lead guide, to get to know each other (or reconnect), answer questions, find the best dates and reserve your spot if you're ready. You can also text or WhatsApp her on 236-238-1669



smileyfitnessretreats.com

[@smileyretreats](https://www.instagram.com/smileyretreats)

calendly.com/catsmiley