

# SMILEY FITNESS RETREATS<sup>Inc</sup>

## Booking Calendar: **January 2025**

Note: these are optimal guidelines only. If you'd like to book outside of these dates, please get in touch. We keep some flexibility available for all trips and pre-sell trips before their availability date without deposit, confirming on first come basis.

| 2025 Dates of stay | Trips Available   | First day to book | Last day to book |
|--------------------|-------------------|-------------------|------------------|
| Jan 5 - Jan 11     | 27-DAY BOOT CAMP  | 2024              | Nov 5            |
|                    | WEEKEND ADVENTURE | Nov 5             | Dec 5            |
| Jan 12 - Jan 18    | 27-DAY BOOT CAMP  | 2024              | Nov 12           |
|                    | WEEKEND ADVENTURE | Nov 12            | Dec 12           |
| Jan 19 - Jan 25    | 27-DAY BOOT CAMP  | 2024              | Nov 19           |
|                    | WEEKEND ADVENTURE | Dec 12            | Dec 19           |
| Jan 26 - Feb 1     | 27-DAY BOOT CAMP  | 2024              | Nov 26           |
|                    | WEEKEND ADVENTURE | Dec 19            | Dec 26           |

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### Next steps

Book an intro call with Cat, the lead guide, to get to know each other (or reconnect), answer questions, find the best dates and reserve your spot if you're ready. You can also text or WhatsApp her on 236-238-1669

